



ALBERTA



NATIVE NEWS

Volume 4 Number 8

October/November 1987

Pope John Paul II backs Native Self-Government

...calls for new talks with fed's on Aboriginal rights

by John Copley

ment" for Canada's Native people.

It's Sunday, September 20th. The place is Fort Simpson, N.W.T. The sun shines through the overcast sky and spills a rainbow of colors across the heavens.

The far-away drone of an aeroplane gets louder and soon the aircraft becomes visible to those anxiously waiting its arrival.

The Boeing 737 swoops downward like a giant grey bird. The wheels touch down on the rain-soaked runway, only 15 minutes later than the scheduled time of arrival.

Several thousand people, mostly Natives from Alberta's north, are gathered here today. They are gathered in anticipation of the arrival of Pope John Paul II. The area's population of about 2,000 has swelled two and a half times, as many people have travelled hundreds, even thousands of miles, in order to glimpse, and perhaps touch, the Roman Catholic leader.

But mostly they are here for another reason. They are here in hopes that the Pope will reiterate his words of 1984 — and that he will again send a clear message to the federal government — a message that will support the Indian wish for self-government and self-determination.

He doesn't disappoint. Speaking from a huge, 50-foot podium of spruce logs, originally built for the Pope's anticipated visit in 1984 (cancelled due to excessive fog), he says "once again, I affirm the right to just, equitable measure of self-govern-

The Pope also says the Indian, Inuit and Metis are entitled not only to self-government but also to the land and resources necessary to make their goals achievable. He calls for Canada's government to open "a new round of conferences" which would lead to a "just agreement on" Aboriginal rights.

Only moments before his statements of support for Native rights, the pontiff met with about a half-dozen Native leaders in a private session under the huge teepee on which the podium was erected.

The speech that followed this meeting was met with applause from the crowd as they indicated their love for the Pope, and for the strong voice he was loaning to their long-fought, and so far unsuccessful, battle for self-determination and self-government.

Louis (Smokey) Bruyere, President of the Native Council of Canada, says that though the government may denigrate themselves to the Pope's message "I think that what the Pope's message will bring to the 12 million Catholics across the country will move them to start supporting the aboriginal question more in terms of self-government and land and resources.

The huge crowd gathered on the banks of the MacKenzie River celebrates mass with the Pope, while choirs from the communities surrounding Ft. Simpson accompany the mass with songs in various Native dialects.

During the sermon, the

pontiff praises the Native people for their long-standing relationship with the land. He urges Indian and Metis youth to "accept roles of responsibility in the church" and encourages them to look toward priesthood as a possible vocation and commitment.

While Indian drums sound out a methodic beat, the Pope, attired in robes of caribou hide adorned with silk embroidery and leather fringes, leaves the podium and begins to mingle with the crowd. He shakes many hands, often pausing for a conversation with an Elder or to lay his hands on the heads of the many children who have come to see and hear him.

It is only moments after the Pope's departure from Ft. Simpson and already many voices speak from the gathering.

Some remember that in 1984 the Pope admitted that mistakes had been made by the church in its

early dealings with Native people. But today, the Pope said that the relationship between the Indian and the early missionaries was a rich and rewarding experience. He said that the missionaries "taught love and appreciate the spiritual and cultural treasures of your way of life. They respected your heritage, languages and customs."

Native Council of Canada's, Louis Bruyere, says outright that the Pope should "have come right out and apologized for what the church had done to the lifestyles and cultures of the Indian people."

Georges Erasmus, Grand Chief of the Assembly of First Nations, feels the Pope should have acknowledged that the church was one of the oppressors of Native people in pioneer days.

"I remember," he says, "in different parts of this country when the drum that was used (today) when the Pope came in,

was considered the work of the devil. The missionaries were going out and burning their drums."

Northwest Territories government leader, Nick Sibbeston, a devout Catholic and Metis from the Ft. Simpson area, says the demand for an apology is archaic and that Natives should not dwell on the past. He sees the visit by the Pope as a political venture rather than a spiritual event and says, "I'm a politician and I can appreciate the political significance of this (visit)."

For the most part, the Native leaders at this gathering are optimistic about the future and hope that the Canadian government will now do it's part and re-open constitutional talks with Indians across Canada.

photo by Mike Packer, Edmonton Journal



Pope John Paul II mingles with Natives at Ft. Simpson.

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Letters

Dear Alberta Native News Staff,

The Alberta Indian Arts and Crafts Society wishes to thank you for the coverage on our show "Asum Mena — A Festival of Art by Alberta Native Artists."

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Shaaron Bream
for Alberta Indian
Arts & Crafts Society



Province Overrules Environmental Board

by Jim Estes

Foresters and environmentalists in the Queen Charlotte Islands are at odds again — this time over the possible use of the herbicide 2, 4-D.

The B.C. government — through an order-in-council — recently upheld an Environmental Appeal Board ruling that allows foresters to use the controversial chemical if they so wish.

Environmentalists representing the Islands' Protection Society, the Haida Nation and the public had approached the B.C. cabinet in an effort to ban the use of the chemical in the Queen Charlottes.

However, in reaching agreement with the Environmental Appeal Board, the order-in-council states simply that the government will not "vary or rescind the said decisions of the Environmental Appeal Board."

As a result of this ruling, environmentalists are now threatening to block logging roads in the Queen Charlotte Islands if foresters go ahead with plans to use the controversial herbicide.

"There are a lot of people who are prepared to blockade the use of pesticides," said Margo Hearne, a member of the Islands Protection Society. "People have strong feelings about it."

When the appeal board originally approved the use of the herbicide last June, the Island's society went to the B.C. cabinet in an attempt to have the decision overturned. The government's affirmation of the board's ruling comes as a bitter disappointment, Hearne said, but the protest over 2, 4-D is far from over.

"The people of the Queen Charlotte Islands have made it clear they do not support the use of 2, 4-D."

The society, Hearne said, does not condone the blocking of logging roads — yet the society also does not oppose the

tactic. Enough people are angry, she said, that there has been talk of cutting off the roads leading to logged areas where 2, 4-D use is planned.

"The society," Hearne said, "doesn't necessarily support civil disobedience, however, we do leave it up to individuals to do what they will."

Foresters plan to use 2, 4-D in a number of locations on Graham Island in the near future. The chemical is used to destroy alder. Alder crops up in logged areas, killing or retarding the growth of commercially valuable conifers.

Ministry of Forests reports indicate that if the chemical is not used, the fast-growing alder prevents the growth of spruce, fir and cedar. *

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Larry Desmeules Heads New Board of Metis Association of Alberta

by John Copley

The Metis Association of Alberta has a new board, with Larry Desmeules of Edmonton at the helm as president.

Six regional vice-presidents and six regional board members were also chosen in the September 1st election.

Desmeules, 48, succeeds Sam Sinclair, who did not seek re-election after eight years in the president's chair. His closest rival was Jo-Ann Daniels, daughter of the late Stan Daniels. The senior Daniels had served several times as president of the MAA, and is credited with playing a major role in reviving the association in the late 1960s and early 1970s.

Desmeules was also active in those years, serving as executive director of the Alberta Native Communications Society during its period of greatest growth.

Unofficial results had Desmeules on top with 1,055 votes, Daniels with 906. Local 1885 President, Stan Plante, with 457 and Richard "Cowboy" Tremblay with 95.

Other results were as follows:

In Zone 1 (Northeastern Alberta) Gerald Thom was the winner over Joe Blyan for the vice-presidency 453 to 323. Thom was the incumbent, elected as board member for the zone, but appointed in June to replace Frank Spence, who resigned cit-

ing health problems. Spence had been appointed late in 1986 to complete the term of Richard "Sonny" Bourque who had been removed from office. Blyan is a former president of the MAA who has run unsuccessfully for the presidency in the past.

The new board member for Zone 1 is Alvena Strassbourg, who defeated Joe A. Tremblay 299 to 270. Lester Whitford was third with 199 votes.

August Collins, who had been appointed to complete the term of Eric Ward when he resigned as Zone 2 (eastern

Alberta) vice-president in 1986, was returned to that office, defeating Phyllis Collins 108 to 46. Roy Dumais was returned as Zone 2 board member, defeating Violet Wells 98 to 55.

In Zone 3 (southern Alberta), onetime MAA board member Peter Pelletier was elected vice-president, defeating incumbent Joan Major-Malmas, who had been elected board member for the zone and was appointed vice-president earlier this year when Aurele Dumont resigned from that post. Pelletier had 126 votes, Jim White (another former MAA board member) had 43 and Major-Malmas had 41 votes.

Freda Martel is the new Zone 3 vice-president, getting 122

votes to defeat Greg Lavallee who had 84 votes.

The most heated action was in Zone 4, where warring factions have challenged elections and taken court action in the long-running dispute.

The incumbents — although their right to sit on the board was challenged — both lost their seats. Vice-President, Ben Courtrille, lost to Edson Local President, Dan Martell, who had 383 votes to 297 for Courtrille. Mike Woodward was third with 272.

Zone 4 board member, Ron LaRocque, who had been at the centre of the controversy over who were the legitimate MAA board members from Zone 4, was defeated by Leonard Gauthier. The winner had 353 votes to LaRocque's 292. Ed Karakonti had 243 votes, and Bruce Gladue, who had withdrawn prior to

the election, still polled 69 votes.

With no competition, Peter Campiou was elected Zone 5 vice-president by acclamation. He succeeds Paul Sinclair, who was a presidential candidate, but withdrew at the MAA annual assembly in August and turned his support to Desmeules.

The new Zone 5 board member is Harry Laboucan. He succeeds Jeff Chalfoux, who did not run, defeating Clara Yellowkree 214 to 41.

In Zone 6, longtime board member, George Amato, was re-elected vice-president with 145 votes. Lawrence Laboucane had 82 votes and incumbent board member, Florence Henry, had 38 votes.

The Zone 6 board member is Dwight Carifelle (113 votes) who defeated Stan Sewell Jr., with 97 votes, and Edith Trump, 22 votes.

Harvest Greetings

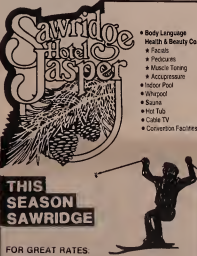


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EDITORIAL COMMENT...

Funded Organizations Provide Unfair Advantage

by John Copley

Free enterprise is not being given a fair shake in its efforts to provide services to Native people where government funded organizations are providing the same service.

In reality, many funded organizations would not be able to operate if they had to rely on their own resources and pay the costs of such operations.

Many of the services that government funded organizations provide could also be handled by the non-funded sector — providing that a strict method of accountability was guaranteed.

The government's basic policy for grants includes the prerequisite that eventually these funded organizations become self-sufficient. The idea is to put the money out in order to meet essential needs not already being addressed — and eventually, when the organiza-

tion has stabilized and begins to turn a profit, the grants are re-paid thus enabling more money to be available to help others.

The problems for the free enterprisers begin when grants are made available on a continuing basis not receiving government financial aid.

The government, by continuing to dole out funds at a high dollar rate are both taking away the desire for these organizations to make money — while also keeping free enterprise at bay.

With the constant flow of cash taking away the initiative to become self-sustaining, the government also discourages free enterprise, who are not able to compete financially.

Unfortunately, much of the funding for Native organizations is spent not on delivery of service but on administrative overhead and other non-

productive costs. Further, there is a tendency to apply funding to activities and expenses which would not be considered viable in a free-enterprise organization. Examples of this include fancy offices, expensive furniture, and non-essential equipment for the delivery of the services being provided.

It may also encourage staff positions to be created which are not essential. This is a result of the lack of concern for the productivity and the ability of these people who fill those over-staffed positions because there is not the same need to equate productivity with cost.

Government funds are not going to be spent effectively nor used efficiently unless steps are taken to eliminate the disparity between the funded and non-funded organizations, thus eliminating the unfair advantage that one possesses over the other.

Nine Year Old Caught In Middle

...as federal funds vs treaty rights

by Ennis Morris

Nine year old Quentin Watchmaker is a pawn in a game that is designed to get federal money, claims Vivian Young-chief, the boy's foster mother.

Youngchief, who resides on the Kehewin reserve said the chief of the band was only interested in the money the band would get for child-care and not at what could be done to help Quentin. The boy suffers from hyperactivity and epilepsy.

In an earlier statement, Kehewin chief, Gordon Gadwa told the media that if funding problems couldn't be solved then perhaps the youth would be sent back to a foster home.

Watchmaker was the main subject in a 1985 action which saw the boy removed from a Bonnyville foster home because he was made to sleep in a makeshift cage.

These sleeping accommodations had initially been approved by Alberta social services staff who believed the lad could possibly hurt himself should he wander at night.

Quentin stayed with his natural mother when he first returned to the reserve in 1985 but was given to the Young-chief's (Vivian and

Gary) last February. Quentin was placed in a group home in mid July.

Though Vivian says the child needs a qualified institution and expertise in staff she also said that the youngest needs the home setting.

"I'd like him to come back and be with us," she said, "he'd have more consistent care."

Alberta Social Services says the boy would be worse off in a foster home and that they would make every effort to keep the boy in his specially-equipped, newly built group home on the reserve.

The Kehewin band, along with other Canadian Treaty Indians, is

currently protesting a Department of Indian Affairs (DIA) policy that does not allow for direct payments of child welfare funds to be made to the band.

Ron Dawson, the regional director of DIA's social development sector says he hopes the child "doesn't turn out to be a pawn in this whole episode," but also expressed a belief that Chief Gadwa would not eject Watchmaker from the reserve.

The annual \$20,000 grant from the fed's DIA, and handled through the province's social service department runs out this month.

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Re: Editorial

As this newspaper goes to press an announcement comes from the Native Services Branch of Alberta's Municipal Affairs that funding for Native communications organizations is being phased out. The three-year plan will see budget cuts of one-third per year to each of the two currently funded organizations, the Aboriginal Multi-Media Society of Alberta (AMMSA), the producers of Windspeaker, and Indian News Media, which produces the southern Alberta newspaper, Kainai News. AMMSA is located in Edmonton, and Kainai News is in stand-off.

The phase-out will, according to Ron Harrison, the assistant executive direction of the Branch, start in the

1988/89 fiscal year. By eliminating the grants, Harrison says that the goal and "self-stated intentions" of the Native groups involved, will be realized.

"I don't believe that this (funding cuts) will affect Native communications in a negative way, but rather a positive one," said Harrison as he explained the need for self-sufficiency within the Native community.

No formal statement of reply has yet been received by the branch but Bert Crowfoot of Windspeaker says that a formal "reaction is under study."

Clayton Blood, of Kainai News could not be reached for comment.

Alberta Native News will keep you up-to-date on further developments.

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Education

Small Crowd — Big Message — Good Music

...at I.A.A. Education Rally at Hawrelak Park



Education Cutbacks a major concern for Alberta Indians... but few show for rally.

by Melvin Sharphead

The turnout was smaller than expected, but that didn't weaken the message or the music at the Indian education rally at Hawrelak Park on August 16, organized by the Indian Association of Alberta (IAA).

The rally, staged to protest Department of Indian Affairs (DIA) cuts in funding of Indian education, attracted only about 200 people, despite sunny weather — far fewer than the 1,000

plus expected to converge on the site from across the province and the country.

Those who did attend were treated to the stellar entertainment of international Indian performer Buffy Sainte Marie, and other singing celebrities including Laura Vinson and Red Wyng, the Fourth Generation and Chuckie Beaver of the Bigstone Band near Desmarais.

They also heard powerful messages on the importance of education for Indian people from

the Native leaders, educators and the students themselves.

"Education is a Treaty right, and we have to fight to maintain that right," said IAA President Gregg Smith.

"In a couple of weeks, thousands (of Indians) will be going back to school. But there are hundreds who won't be going back to school because they're told there's no money left."

The irony, he said, is that not many years ago, Indian children were vir-

tually kidnapped in order to get them to attend schools.

Percy Potts, Treaty 6 vice-president of the IAA, stressed that education is extremely important if Indians are to achieve their goal of self sufficiency and self determination.

"It seems that at a time our leaders and people have begun to understand the need for education, the country takes an economic downturn and we are forced to take cuts.

"All we want is what we have a right to. There's a new beginning starting today."

Treaty guarantees of Indian rights to education were emphasized by Vern Bellegarde, 1st vice-chief of the Federation of Saskatchewan Indian Nations, who said that guarantee is in Treaties 1 to 11.

"Our forefathers had the wisdom and foresight to make sure generations to come would have the opportunity for an education," he said, and emphasized that education funding is not a "free ride" for Indians.

"Our people have paid the price for that. Our forefathers gave up the top six inches of soil

— never the subsurface mineral rights — the resources and revenue that made Canada rich."

Indian educator Clive Linklater, now working at Hobbema, paid tribute to the Indian activists of the 1960s and '70s who forced major changes in Indian education through their sit-ins and other protests. He specifically cited the successful efforts of the Indians of Cold Lake,

Kehewin and Saddle Lake.

Testimonials to the importance of post-secondary education for Indians was given by three students — Dianne Belterose, Dean Janvier and Cheryl Arcand-Kootney. Janvier was the winner and Belterose the runner-up for the Willie Littlechild Achievement Award which goes to the top Indian high

Continued

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Education

school graduate in Alberta. Arcand-Kootney has a bachelor of science degree and plans to pursue a masters degree in science and a law degree.

Bellerose, from Edmonton, gave an emotion-charged outline of the courage it takes for Indian students to pursue further education, the financial problems encountered, the worry when that funding could be jeopardized and it is not known until the very last moment — if then — if funding will be available.

Janvier, who is a member of the Cold Lake First Nation and whose father is prominent Indian artist Alex Janvier, echoed the remarks made by Bellerose, reinforcing them with his tribute to his Band, his teachers and particularly his parents for enabling him to achieve academic excellence. He emphasized, too, that his achievements were the result of his own hard work and his refusal to listen to peers who tried to discourage him from making the necessary effort. Janvier plans to study economics.

Arcand-Kootney expressed

her personal concern with the new DIA regulations limiting Indian students to 40 months to obtain post-secondary education, even if family or personal problems make a temporary break in studies necessary. She is particularly concerned with the implications such a rule might have on her and other Indian students contemplating advanced degrees or more than one degree.

Chief Allan Paul of the Alexander Tribal Government, whose reserve hosted the National Indian Education Symposium which immediately followed the rally for three days, August 17 to 19, warned that Indians "have to stop bickering and fighting at the leadership level."

There is no right or wrong approach to solving the problems facing Native people, he said, but "when Indian people take action, things happen. We have to get out there and start doing the work."

Paul stressed "I publicly condemn the federal government for its lack of consultation (with Indian people) on Indian education and Treaty rights."

Native Nutrition Education Project Success in Alberta

A pilot project promoting nutrition education, which was initiated by Medical Services Branch, Health and Welfare Canada, and the Department of Indian and Northern Affairs, is being implemented in selected schools on Indian reserves across Canada, including four sites in Alberta.

Students at the four schools in Alberta, Alexis Elementary School (Alexis Reserve), Ermineski Junior High School (Hobbema), Kipotakaw

School (Alexander Reserve), and Paul's Elementary School (Paul Reserve) have been receiving an increased level of education about nutrition since early March.

Specialized kits were developed by Jean Steckle, Nutritionist with MSB's Indian and Inuit Health Services in Ottawa and distributed to the principal of each school.

When the kits arrived in Alberta in March, MSB Regional Nutritionist,

Eunice Meakin, reviewed the contents with teachers from all four schools. The kits contain lesson plans, audio and video tapes, and other nutrition resource materials. Ms. Meakin added promotional items such as buttons, posters and balloons for use during Nutrition Month (March).

The purpose of the pilot project is to test educational materials with the ultimate goal of incorporating more nutrition education in elementary school curriculum in Native communities.

"The teachers were very pleased with both the approach taken and the content of the kits," said Ms. Meakin. "We're hoping that similar kits are introduced across the country, their use will enhance the quality of food choices made by Native children."

Gary Westhara is the

Principal at Alexis elementary School on the Alexis Reserve, 100 km northwest of Edmonton. He feels the kits have been useful in his schools.

"The kits provide useful supplementary material for our current nutrition program," Mr. Westhara said. "The program has made the students more aware of the nutritional value of local foods they eat at home, such as wild game, fish and bannock."

"We focus on the traditional foods the students are already eating and help them feel that they're acceptable, plus they're good for them," he explains. "Some Indian children are embarrassed to bring traditional foods to school, but we encourage our students to."

"Through this program, many of the children have already developed their own posters classifying the local traditional foods into the four food groups of Canada's Food Guide."

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Political Scene

TRUDEAU SAYS MULRONEY IS A WEAKLING

...and he warns of a Canada governed by eunuchs

by Melvin Sharphead

Former Canadian Prime Minister, Pierre Trudeau says the recent Meech Lake Accord constitutional accord is an insult to Quebecers and is fatal to those who dreamed of a strong and united Canada.

Trudeau, appearing before a parliamentary committee said Canada had a history which consisted of the provinces seeking more power — a desire that he acknowledged as normal and legitimate.

The federal government, says Trudeau, "gave everything away" and did not emerge with "one iota" of additional authority. Previous federal government leaders have resisted the provinces' continuing demands for more power, for the past two centuries.

Trudeau said that the new accord would erode the very "essence of the Canadian state" by granting the provinces new powers. The powers received by the provinces under the accord include immigration, the Supreme Court, the Senate, spending and constitutional amendments.

Trudeau said that the sense of "national belonging" would disappear

now that the provinces have more power. He said that previous achievements including the assigning of our own recognizable flag, our national medicare system and the Charter of Rights would weaken the unity of Canadians.

He voiced repeated objections to the accord's new provision that recognizes Quebec as a distinct society. He said that it is just a hollow gesture that insults Quebecers by saying "you're distinct but you're no more distinct than anyone else."

Trudeau warned that contrary to what English-Canadians think, the Quebec government can and will use the distinct society clause to expand its authority, both at the expense of the federal government and the citizens at large.

He warned that the clause would override the individual freedom of Canadians as set out by the Charter of Rights — a charter that put all Canadians on even ground.

Trudeau added that now the Official Language Act was working the new accord could destroy future benefits of Canadians.

"The thing is working," he said, "and now that it's working and

anglophones are accepting French as equal, they (Quebec government) are asking for more and I think that's wretched on the deal.

"If you give the rights to the individuals, you don't need the special status anymore."

Hobbema Woman named Co-Chair of New Aboriginal Liberal Commission

by John Copley

A Hobbema, Alberta woman has been named the co-chair of a new vehicle for improving the participation of Native people in the national Liberal party.

Marilyn Buffalo MacDonald, 37, is — with Ottawa lawyer David

Nahwegahbow — co-chair of the Aboriginal Peoples Commission with the Liberal party of Canada.

The commission was formed to address what a position paper calls the "three related realities" — of Native people, the "prevailing lowest-of-all socio-economic status of

Native peoples in our society," and that "Native liberals, reflecting the views of Native Canadians desire such a mechanism to enhance their participation in the party."

"Native Canadians are knocking on the door of our party," MacDonald says.

Continued

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Political Scene

And she can attest to the welcome Native people receive and the opportunity they are given to participate, she says. In addition to co-chairing the new commission, MacDonald is president of the Ponoka-Rimby Constituency Association of the Liberal Party of Alberta and president of the Alberta Aboriginal Liberal Commission of the Liberal Party of Canada in Alberta.

The creation of the commission is seen by the party as a continuation of past efforts on behalf of Aboriginal people.

The position paper says Jean Chretien's initiatives as minister for Indian Affairs, Pierre Trudeau's efforts to include Native rights in the Constitution, his creation of a Native Economic Development Program, and his moves toward Indian self-government are "impressive beginnings on the road to fair treatment of Native Canadians.

"The question of fair representation of Aboriginal peoples within the Liberal Party has been brought forward by the Standing Committee on Native and Original Peoples' Affairs, and the National Native Liberal Caucus. The committee and caucus have determined that their constituency desires greater access and enhances influence in party decision-making — especially in regard to decisions which affect their people."

The standing committee, in its report to the national executive of the party, had a number of findings and conclusions:

— that greater effort is required to ensure Native delegates attend national conventions (41 attended in 1982, 61 attended the 1984 leadership convention);

— that provincial caucuses need to be created to push for reforms province-by-province (such as the current Onta-

rio one which has been consulted by Premier David Peterson and his ministers, with several reforms either announced or committed to);

— that election readiness activity cannot ignore the Native vote and the potential for increasing it. About 45% of Status Indians voted in 1984, up from about 35% in 1980;

— that Liberal election readiness planning should identify particularly the young and first-time Native voter (young Natives constitute a comparatively large demographic group);

— that the Liberal platform on Native achievements and commitments can attract a larger share of voters in the Liberal column, and in so doing determine the outcome in more than 30 federal seats;

— that Native Canadians, reflecting their unique — participatory — culture, need to know that their achievements and election commitments are the result of their participa-

tion and influence; and — that nominating

Native Liberal candidates is a significant way to show the desire of Liberals to ensure fair representation within the party hierarchy (A record was set in 1984, for Liberals, with six Natives carrying the banner.)

With one million Canadians, 4.5% of the total population, identifying themselves as of Aboriginal descent and often representing "distinct cultural and socio-economic attitudes and communities... on this population basis alone direct proportional representation would mean more than 200 Aboriginal delegates should be assured places at national meetings" of the party, the position paper says.

"Similarly, we find under-representation in the House of Commons and the legislatures of the provinces. It is only in the two northern territorial assemblies that Aboriginal peoples have representation roughly proportionate to their numbers."



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History

Lubicon Gains Higher and Higher Profile But Still No Settlement After 48 Years

by Morris Ennis

Their Olympic boycott has given the Lubicon Lake Indian Band a higher and higher profile over the last few months.

Numerous European museums have withheld their Indian artifacts from the Glenmore Museum's Olympic exhibit as a result of the band's lobbying.

Even greater sympathy and support has come from the public at large with the news that two dozen band members are receiving active medical treatment for tuberculosis.

But there is still no settlement of the band's land claim — and nothing to indicate that the government is willing to back down from its position, a position that offers too little land and compensation and that refuses to recognize all those people the Lubicon consider their own.

As the Edmonton Journal said in a recent editorial, "this obligation has been shunned for too long — and avoidable misery is the price Natives pay...without land for a reserve and the money to settle it, the very conditions which encourage the spread of tuberculosis and other potentially fatal diseases will prevail."

Those conditions include the severe physical hardship that results from poor housing, a lack of proper

water and sanitation facilities, and the change in diet forced upon them by the loss of their traditional foods caused by the impact of resource development on their hunting and fishing.

The tuberculosis cases are only one of several signs that conditions are worsening. Doctors confirm that their living conditions, plus the stress of futile fighting for a future that may never arrive, increase their susceptibility to disease.

There is other tragic evidence of the impact of those conditions and that stress, too.

Sudden and violent death is a closer and more frequent reality now. There has been at least one suicide — the band's first — and at least two known attempted suicides. Chief Bernard Ominayak says there have been more stillbirths and miscarriages, and more premature births, since resource development activity began in the area.

Critics have called the Olympic boycott "grandstanding" intended to give the band an advantage in negotiations. Maybe it's justified if that is what it takes to get an adequate and just settlement of their land claim.

The death and suffering can't be considered just "grandstanding", and that is reason enough for the government to make more of an effort to reach a

reasonable agreement with the Lubicons.

E. Davie Fulton, the federal negotiator appointed by the government itself, was recommending a basis for settlement acceptable to the Lubicons. The government rejected Fulton's recommendations and replaced him.

No meaningful negotiations have taken place since. As the Edmonton Journal notes, "as it showed in the James Bay and Fort Chipewyan Cree settlements, Ottawa can work with Indian people toward mutually acceptable solutions."

Resource development has already taken away the peace and tranquility of the Lubicon's traditional lands, and made a traditional livelihood based on hunting and fishing virtually impossible.

About all that is left is for the people themselves to be taken away.

After 48 years of futile petitioning, maybe the time has come to resolve the situation once and for all. •

Heads-Smashed-In-Buffalo-Jump Named Provincial Historic Site

The Heads-Smashed-In-Buffalo-Jump was officially recognized as a Provincial Historic Site this past July at a ceremony that saw over 5,000 in attendance. Presiding over the affair with their Royal Highnesses, the Duke (Prince Andrew) and Duchess (his wife Sarah) of York.

Since then things haven't changed much. The crowds are still heavy — up to 2,000 visitors on Sunday's are not uncommon — as tourists from

the U.S.A. and overseas flock to the site. A typical weekday sees up to 1,000 visitors exploring the area.

Though donations are encouraged, there is no admission charge at the site.

Interpretive Centre's staff and both archaeological digs and outdoor trails are available for those with the hankering to be a frontiersman.

Visitor breakdown

indicates that about one-third of the visitors to the site are Americans, another third are local and provincial residents, while most of the remainder are mainly European and Asian tourists from overseas.

Heads-Smashed-In-Buffalo-Jump is located about 16 km west of Highway #2 on Second

ary Highway #785, near Fort McLeod, in southern Alberta.

The centre itself is equipped with an elevator and handicapped accessibility is excellent.

Over 30,000 tourists visited the site in the month of July — the first month the Interpretive Centre building was opened to the public. •

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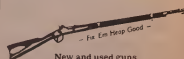
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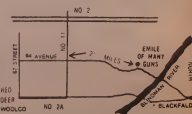
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CULTURE

Native Counselling Services Capitalize on Native Talent

...role models important to Native youth

by John Copley

Jim Harman, a media department employee with Edmonton's Native Counselling Services (NCS) recently videotaped a solo art exhibition at Edmonton's Vik Gallery. The artist being filmed at the show was well-known Cree painter, Jane Ash-Poiras.

"We are working on a

series of shows," said Harman, "that are designed to enhance the successes of Native people so that youth in the Native communities will have a positive source of identity with which they can relate."

Bob Alman, the media department director at NCS said that the script development, which began in April, was acti-

vated in order to exhibit Native role models because "they play an important part in the lives of our youth."

Though the focus of the up-coming programs show successful people at work, the films are actually made to explain that major financial gain is not a prerequisite to a successful life.

"One can be very happy and very successful without being rich and famous," said Alman.

Native Counselling Services recently completed the successful documentary, "Many Faces". The documentary dis-

guishes the difference between the four most recognized Native groups: Status, non-Status, Metis and Inuit.

A legal information series, pertaining to the hiring of a lawyer and the utilization of the legal aid system has also been completed, as have other similar shows, by NCS.

Pausing during a brief intermission Harman said that "our idea is to promote positive thinking among Native people (especially the younger generation) so that they can see some of the alternatives that await them through patience and hard work."

These remarks, seconded by Alman, indicate that NCS is taking advantage of successful entrepreneurs and encourag-

ing others to do likewise.

"The focus is on success," said Alman, "and we are trying to promote the realization that hard work along with an attainable goal is necessary in order to succeed. Role

models provide the proof that this is possible."

The organization will be showing the role model films to youth throughout the Native communities and school systems.

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Performance, Service, and Excellence are the three categories that cover the Achievement Awards.

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Nomination forms are available by contacting Leslie Leibel at (Edmonton) 427-8665. Leslie is associated with the Achievement Awards Program promoted by Cultural and Multiculturalism.

Further information and criteria appear on the nomination forms.

Deadline for submission is November 16, 1987. •

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A long-planned red granite stone building project in northeastern Alberta, to be undertaken by the Fort Chipewyan Development Corporation (FCDC), will get under way with assistance totalling over \$329,000 under a federal-provincial program.

Bernard Valcourt, federal Minister of State (Small Business and Tourism), Jack Shields, federal MP for Athabasca, Al "Boomer" Adair, and Norm Weiss, M.L.A. for Ft. McMurray announced that the project would be funded under the Canada/Alberta Northern Development Subsidiary Agreement.

Finances are being provided to construct a 10 km access road to the red granite deposits at Devil's

Gate, near Fort Chipewyan, to provide necessary geologic and construction expertise; and to establish a business office and marketing plan in advance of quarry operations.

Speaking on the significance of the project, Mr. Valcourt said that the high quality granite deposits at the site would be "an important source for Western Canada's construction industry."

Mr. Adair noted that news of the project has been received enthusiastically by area residents.

"The development of this project will help to diversify the community's economy and lead to the creation of long term employment for the area," he said.

The community-owned (FCDC) development

corporation's shares are held by the Cree Band, the Chipewyan Band and the local Metis Association.

The Chairman of the new corporation is Archie Waquan, a Cree Band

councillor. Former Alberta Research Council geologist, Dr. John Godfrey, first discoverer of the granite deposits, has been hired to provide technical expertise.

Torchinsky Consulting of Edmonton is providing engineering design work prior to public tendering of the access road construction later this fall. •



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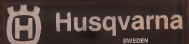


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"You must be John," says the big man with the friendly smile who introduces himself as Mike Yaggey, as I walk through the doors of New Tech's attractive office on 164 Street and 117 Avenue.

"That's me," I tally, heaving a sigh of relief at the sight of this guy — and a younger image of himself, standing just in the background.

The younger version turns out to be son Danny, — partner in the family operated business.

My relief is actually happiness — happy at the welcome I just received, and happy that I wasn't about to be kept waiting for an hour or so.

In the next fifteen minutes Mike and I chat about his company and it's number one product, Ultra-Pro.

New Tech deals in water — clean water. I learn that their product, Ultra-Pro, comes in a various ranges of sizes that can see a simple version hooked up to the kitchen sink and a more complex model that could be used in commercial and industrial sites.

Mike tells me of the impurities in our drinking water — all water, except some of the better distilled types that still require the old, inconvenient method of carrying the water supply around by hand.

Sodium, iron, aluminum, lead, phosphates, chlorine, protozoa, bacteria — these are only a few of the 50 or so agents Mike mentions as he speaks convincingly about his product.

"Our units will virtually eliminate up to 99 per cent of the impurities in the water," claims Mike as he slides more literature in front of me.

"Yeh, but how do I know what kind of impurities are actually in the water?" I question, a little skeptical about what I'm hearing.

"That's next," comes the reply. "I'm going to show you by simply testing the water. It's alive to 15 minute process — then I'm sure you'll be convinced."

As I sit back in a chair and watch Mike and Danny go to work I pay particular attention and ask questions about the procedure.

Two samples of water are taken. One from the tap and the other from a reservoir of purified water coming from the Ultra-Pro 1000 that's hooked up to the sink in the New-Tech office.

The water is put into glass jars, and a cap, fitted with two aluminum tubes is secured properly. The electric cords coming from the tops of the caps are plugged into the wall circuit.

It's only a few moments til the action starts. The "precipitators" (aluminum tubes) are designed to set off an electric pulse that causes the impurities to become visible. And they do.

Within five minutes the water in one of the jars, the one with plain tap water, is, to be frank, revolting.

The color has gone from clear to yellow then to various shades of green. A slimy, squiggly, oily looking thing floats in the water which is getting dirtier

and thicker by the moment.

Finally the 15 minutes is up. The purified water is still clear — and to prove it, Mike takes a big swig right from the jar.

"Want some?" he asks.

I shake my head, my stomach still churning a little from watching the "other" jar, which I again pick up for examination.

No smell, unbelievable — it sure looks stinky. The green has now turned blackish and the sediment floating on top of the filthy water measures a little under one inch.

"Believe it or not you can drink that if you want — you do it everyday," laughs Mike.

"Go for it," I reply.

Mike suggests that I bring a sample of my own water so I do. Same results.

In our conversations, I ask Mike if I'll live a longer life by drinking purified water.

"I can't guarantee it," he replies, "but I know you'll rest easier."

He says his product is good for many people. Among those who could benefit from the purified water, he adds, are people with liver, bladder, heart and skin problems. Others include pregnant women, low sodium dieters, athletes, and skin problem cases.

"We'd like to show our product to the Native people in the province," Mike reiterates as I'm getting ready to leave. "I know they'd be surprised if they could see what they are drinking now."

Because of the heavy toxic sprays used in rural Alberta, Mike feels his product could prove extremely beneficial.

Perhaps it would.

Why not check it out for yourself? After all, like Mike says, "there's no obligation and no charge for a water test."

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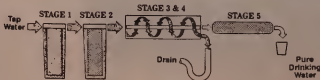
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Entertainment

Native Nashville North Gets Ready for '88 Season

... popular TV show gets another shot

by John Copley

It looks like Rocky Woodward's Native Nashville North television series will be renewed for the 1988 season.

The variety-type format of the program developed by Woodward was designed to enhance Native talent in Alberta. It now has interest on a national scale.

The show's popularity grew with each episode and was rated highly among last winter's 10.30 p.m. Saturday time slots by northern Alberta audiences — where the

program was originally aired.

The initial season of Native Nashville North was highlighted with oodles of talent from across the prairie provinces.

Saskatchewan's Winston Wuttunee proved to be the most sought after guest and Elvis Gray's humorous honky-tonk tunes brought ripples of laughter from the audience.

Other guests included the Kikino dancers, the White Braid Society, fashion designer Kathy Shirt, foot-stompin', fun

lovin' Lillian Souray and Canadian singing celebrity Laura Vinson.

This year's audience was again delighted at the stage antics of the many performers who strutted their stuff on September 15, 16 and 17th then again through the week of the 21st.

The taping of Native Nashville North again took place at the Citadel's Rice Theatre.

National Native entertainers for this year's program included the popular Winston Wuttunee, Gloria Glen, Alfred Youngman and Harry Rusk.

Rusk was the subject in a recent CBC documentary entitled, "Beyond the Bend of the River."

Woodward's Whispering River Band was the host group for this year's programs which featured other talented performers including Marcel Gagnon, Art Napoleon and both the junior and senior versions of the Kikino square dance team.

"We'd like to be able to bring in more Native professionals from across the country but our budget is far too small," says Harold (Rocky) Woodward, executive co-producer of Native Nashville North, along with his wife, Gail.

"The high costs of air travel and accommodations will not fit into our restricted budget — it's really too bad, because

we've had tremendous response from across Canada," he added.

Last year's program was first seen in northern Alberta. Then it was viewed by other CBC station decision makers nationwide as part of their regular exchange program. People were impressed by what they saw.

The show was picked up and aired in places that include Saskatchewan, Winnipeg, Windsor and northern Quebec.

The Native Nashville North program is co-produced by CBC-TV and the Aboriginal Multimedia Society of Alberta (AMMSA).

CBC has the first

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regional and national viewing rights, then the control changes hands as AMMSA becomes free to test other possible market areas.

Additional viewer markets are currently being considered by Woodward and company.

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Thanksgiving

THANKSGIVING FESTIVITIES AN OLD CUSTOM

...settlers and Indians celebrate same theme

by Ennis Morris

When the Pilgrims reached the shores of America they were not a people particularly enthusiastic about the celebration of festivals.

The strict, self-disciplining religious settlers would be surprised and perhaps dismayed if they knew of the long and popular history of harvest festivals — of which their Thanksgiving was only one.

Whenever man has tilled the earth in an effort to grow food crops he has ultimately paid homage to the heavenly source which has permitted good fortune and weather to prevail over the annual crop.

Thanksgiving falls on different days — depending on religious background and origins of the festival.

The Jewish faith celebrates two festivals. These are the Shavot, a

Feast of Weeks in spring, and Sukkot, the Feast of Booths, which is celebrated in the fall.

In medieval times France, England, Germany and other countries of central Europe, celebrated the Feast of St. Martin of Tours on November 11th — as time of giving-of-thanks and of harvest rejoicing.

The first Thanksgiving in the new world took place at Plymouth, Mass., in 1621.

The celebration lasted for three days and the festivities were loud with enthusiasm. Games, including a type of croquet, were played and Massachusetts, Chief of the Wampanoags, was invited.

He arrived with 90 of his warriors who participated in running and jumping games with the settlers. The Indian showed his prowess with a bow while the white settlers exhibited their skills with firearms.

The Indian added five deer to the cupboards of the festivities and a group of four non-Native hunters acted as an additional hunting party.

The tables were filled with venison, duck, goose, leeks, watercress and seafood. Wild plums and berries capped off the dinner and the wine consumed was made from wild grapes.

Today's traditional turkey dinner did not come from this setting. The turkey, closely resembling the guinea fowl of England, was later added to the harvest dinner plate — but not until about 1644.

The second celebration of Thanksgiving did not happen again until the fall of 1623 — two years after the first. This was due to a devastating winter in

1621-22 and to a two month draught in the summer of 1623.

This celebration lasted for only nine hours and July 30, 1623 was proclaimed a day of thanksgiving and prayer by the governor, who issued the proclamation.

Though Thanksgiving only received sporadic notoriety for the next two decades it was to finally receive proper and official recognition in North America.

From the "Thanks Days" observed by the early New Amsterdam Dutch settlers in 1644 came the final inauguration by George Washington in 1789. Though condemned by several U.S. presidents including Thomas Jefferson, the holiday remained intact. The holiday was considered by the government to be a religious occasion and many state governors considered it an example of state interference.

Canadian Thanksgiving, celebrated for the

same reasons as the U.S. holiday, takes place in October rather than November.

A wide range of different customs are, and have been, associated with Thanksgiving.

Shooting matches that date back to the first Thanksgiving, when Miles Standish and his men put on a show for the Wampanoag Indians, are still conducted in many parts of the New England states as well as other locations throughout North America.

Thanksgiving was, in the beginning, much more religious than it is today. Rapid urban and industrial development and an ever-increasing population of mixed cultures perhaps helped lead to the demise of the religious characteristics previously associated with Thanksgiving.

Sports events have over-shadowed religious activity during this holiday celebration. From the shooting matches of 1621 to 19th Century bicycle races and to today's modern television football broadcasts, Thanksgiving has taken on new meaning.

Whether the crop conditions are fair or foul — the holiday goes on. It is a time when family and friends get together and give thanks for being blessed with a balanced diet and a peaceful neighbourhood.

Times have changed but many of the traditions set down by our forefathers still remain.

This Thanksgiving, have a good time and visit with loved ones. Give thanks for the blessing we enjoy in free land.

Others are not so fortunate.

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Thanksgiving



THANKSGIVING DINNER

...made delicious

by John Copley

As you sit browsing through this issue of Alberta Native News, you're probably getting ready to cook this year's Thanksgiving dinner. Your favorite meal may

be a selection such as ham, lamb or moose meat, but we've chosen to highlight the goose and the turkey because these favorites are still the leading choices among North American Native people. If you've been thinking

of goose (as Kokum makes it) or turkey (the domesticated variety), then perhaps one of these mouthwatering recipes is for you.

Wild goose, leaner than the domestic species, yet very juicy and tender, are noted for their rich flavor and dark, succulent flesh. The most common goose found on the table in this part of the world is the six to 14 pound Canada Goose. Through this breed of bird is the most prized, most other wild geese are also tasty.

If wild goose is this year's choice, and you've

been lucky enough to bag one already, try this recipe. Add your favorite bannock along with various side dishes for a truly delicious dinner.

INGREDIENTS

1 ready-to-cook wild goose (6-7 pounds)
2 medium onions
2 apples
2 slices chopped bread
4-6 slices bacon (or oil)
1 sliced orange

Salt and pepper to taste

DIRECTIONS

(Roast @ 400 degrees)

Lightly salt the inside of the goose. Cut the onions and apples into 1/2 inch pieces and mix with the bread. Stuff the goose loosely with this mix. Tie legs together and attach at tail.

Lay strips of bacon (or oil lightly) and sliced orange over the breast section.

Place into a pre-heated 400 degree oven, breast side up on a rack in a shallow pan. The bird should be uncovered during roasting.

A five to seven pound bird will take approximately four hours to cook. To avoid over-browning place a piece of

tin foil loosely over the bird for the last half-hour of cooking.

When done remove and discard the stuffing mix.

Add pre-boiled potatoes and carrots to the roast pan about half-way through cooking.

Allow one pound of bird weight per person.

The annual hunt for wild turkey doesn't exist in Alberta. Several introductions of the bird to the wildlands in our southern regions (the most successful in 1973, Porcupine Hills) have taken place in past years but either growth problems or the lack of interest among Alberta hunters has insured that no season is available.

The domestic turkey, introduced to North America by the Pilgrims in 1620, is bred today specifically for its abundance of white breast meat. A fast growing bird, the turkey, only 20 pounds after birth, will weigh in at 12 to 16 pounds — a nice size for a Thanksgiving gathering of the family.

Here's our favorite recipe.

BREAD STUFFING, a favorite with turkey, can take on a variety of interesting ingredients. This one is common and delicious.

INGREDIENTS

1/2 cup chopped onion
1/2 cup butter or margarine
10 cups dry bread crumbs
1/2 tablespoon salt
1/4 tablespoon pepper
1 tablespoon poultry seasoning

1 tablespoon ground sage
1/2 cup broth or liquid
1/2 cup finely chopped celery

1-8 ounce can of mushrooms

Cook the onions, mushrooms and celery in a generous portion of melted butter or margarine. Mix this, once cooked, with the bread crumbs and seasoning. Add enough liquid to moisten. This will make seven to eight cups of stuffing — enough for a 12 to 14 pound bird.

ROAST TURKEY DIRECTIONS

Fill the turkey (including wishbone cavity) with stuffing just before you are ready to begin roasting. Allow about 2 1/2 cup of stuffing per pound of turkey weight. Using a skewer, fasten the neck skin to the back. Tie legs together and fasten at the tail. For convenience, twist the wings under the back of the turkey.

Place the stuffed bird into a suitable roasting pan and baste with oil. Place a piece of tin foil loosely over the bird, making sure that it does not touch the sides or top of the turkey.

Roast, uncovered, in a 325 degree oven. Twelve to 15 pounds of bird will take about 3 1/2 hours to cook.

Cut the string between the legs with about 40 minutes left to cook and remove tin foil to brown top.

Allow the turkey to stand for 15 to 20 minutes before carving. Allow one pound of bird per person. Enjoy.

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Saving the Harvest — Time Crops for Future Use

...canning and freezing methods and ideas



Glossary of Canning Terms
Precooking is the steps taken to pressure-cook foods for determined and pre-set times, dependent on the type of food being preserved.

Glossary of Canning Terms
Safety First is important. Be sure to cook all canned vegetables at least 10 minutes, uncovered, before consuming.

Glossary of Canning Terms
Cold Pak means that you are canning raw goods — goods that will cook under pressure canners heat only.

Glossary of Canning Terms
Hot Pak means that before canning, the goods in question, are pre-cooked.

October brings an end to the warm rays of summer's sun and thus an end to the green filled gardens of Alberta's rural and urban communities.

If you've already got a method for canning and freezing you may enjoy these ideas and if you haven't yet experienced the value of preserving for the future, perhaps it's time you do. The savings can be quite substantial.

If you don't have a garden that will provide you with enough leftovers for preserving go to your local farmers market. Now, with the season almost at an end, markets beckon daily with some tremendous dollar saving items that you can put away for the winter months to come.

Preserving goods requires little effort and the cost factor, though it can reach \$150, will save many dollars in the long run.

One thing we all require in a balanced diet is a steady stream of vegeta-

bles — preserving provides us with a cupboard or freezer full of fresh fruit and veggies for economic off-season value.

When carrots are \$3 a pound this December, you'll be eating your own fresh-frozen or canned produce for less than 79 cents.

CANNING Vegetables

All vegetables, with the exception of the high-acid tomato, require "pressure canning" if they are to be processed safely. This process kills the heat-resistant bacteria thus eliminating the possibility of food poisoning.

Pressure canners are available at most major department stores, with the better ones running at the \$100 mark. The less-expensive pressure cooker can be used as a substitute by adding two-thirds more time to the cooking process.

Tomatoes

Loosen the skins by dipping the whole tomato

into a boiling pot of water for about 1 minute. Quickly dip into cold water, cut the stem end out and peel the skin off.

Two methods of canning tomatoes may be used. These are the Cold Pak and Hot Pak procedures.

Cold Pak:

Place raw tomatoes into your quart sealers and press down to fill properly. Leave about a 1/2 inch at the top. Add a 1/2 teaspoon of salt to each quart of tomatoes and process in the hot-bath for 45-50 minutes.

Hot Pak:

Cut the peeled tomatoes into chunks and bring to a slow but steady boil. Cook for about 5 minutes. Pack into quart jars as in Cold Pak method.

Add about a 1/2 tea-

spoon of salt and process in the hot bath for 15 minutes.

Canned tomatoes will last for up to 18 months. For other vegetables, use the pressure canning process (follow directions on your canner) and use in conjunction with the following chart.

When canning your vegetables, follow this procedure, and remember, it's not necessary to sterilize the containers, as they will be boiled sufficiently in the pressure canner.

CANNING PROCEDURE

A. Wash everything, including vegetables and trim off bruised and excess areas.

B. Pack the vegetables into jars — loosely, and use either the hot or cold pak methods of processing.

Cold Pak (raw) vegetables include items such

as carrots, peas, asparagus, corn and beans.

The main difference between the two methods is that one (cold) is using raw vegetables and the other (hot) is using cooked. When using the Hot Pak you'll find that the pressure-canning times are decreased.

Pack the jars with your veggies and make sure you leave about 1/2 inch at the top. Fill within this range and top with boiling water (also to be 1/2" from the top of the jar).

Work out air bubbles with a knife or fork and be sure the liquid stays on top of the food. Add 1/2 teaspoon of salt, unless otherwise specified, to each quart sealer and fit lids loosely. Follow time allotments and remove cooked vegetables immediately. Let sit for about 5

minutes then tighten lids gradually.

PREPARING THE VEGETABLES

Precook, and pack into quart jars with hot water to within a 1/2 inch of the top, and add 1/2 teaspoon of salt to each quart. Or, pack raw vegetables into the containers and follow the same steps as for pre-cooked food.



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Thanksgiving

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If you have a particular favorite send us the recipe and we'll publish it in an up-coming issue of Alberta Native News.

RHUBARB —

STRAWBERRY JAM

(No cooking required)

Makes about 4 cups

INGREDIENTS

½ pound cut-up rhubarb

1 pint ripe strawberries

4 cups of sugar
1 tablespoon of
lemon lime
½ bottle CERTO liquid
fruit pectin

PREPARATION

Prepare the fruit by thoroughly crushing the strawberries and finely grinding the rhubarb. Place the mixture in a large bowl.

Add the sugar, mix well, and let stand for about 10 minutes.

Add lemon juice and liquid fruit pectin to the fruit mixture and con-

tinue stirring for several minutes.

Scoop quickly into glass jars. Cover immediately with tight-fitting lids and let stand at room temperature until set. Setting can take up to 24 hours.

Put a jar into the refrigerator and the rest into the freezer, where it'll last for about a year.

RHUBARB

CUSTARD PIE

...Yields 1-9" pie.

INGREDIENTS

1 - 9" unbaked pie shell
4 cups rhubarb
1 cup of sugar
3 tablespoons of flour
2 teaspoons of cinnamon
½ teaspoon of salt
2 egg yolks
2 egg whites
1 cup of milk

Put well-drained rhubarb into the pie shell. Mix the dry ingredients and add beaten egg yolks together with a cup of milk. Pour this mixture over the rhubarb.

Bake at 350 degrees for 40 minutes — or until the custard starts to set.

Make meringue by beating the egg whites until stiff, but not dry.

Remove the pie from the oven and cover entire surface with meringue. Return to the oven and bake at 300 degrees for 20 minutes or until brown.

NOTE: Always add 2 tablespoons of water to the egg whites and you'll have very fluffy meringue.

SPECIAL NOTE: To remove tartness from the

rhubarb cut and place into a bowl, then add boiling water. Let sit for 5 minutes and drain. If you use this method, cut the sugar by half.

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Thanksgiving

PRESSURE CANNING CHART

Vegetables	Preparation	Min. in Pressure Canner
Carrots	Hot and Cold Paks: Wash the carrots and scrape off outer skin. If using the Hot Pak method boil vegetables before packing into quart jars. Fill to within 1/2 inch of top and cover with boiling water. Adjust the lids and process.	30 minutes
Corn	Cut the corn from the cob. If using the Hot Pak method add about 2 cups of water per quart of corn and bring to a rapid boil for 1 minute. Then, proceed as for either method and fill corn to within 1 inch of the top of your quart sealer. Add 1/2 teaspoon of salt and cover to within an inch of the top with boiling water, adjust lids and process.	85 to 90 minutes
Asparagus	Wash thoroughly and cut off the tough ends of the asparagus. Cut into 1 inch pieces and pack into quart jars. Hot Pak methods will require boiling the vegetable for 3 minutes before packing. Add 1/2 teaspoon of salt, adjust lids and process in pressure canner.	30 minutes
Peas	Hot Pak use with peas requires that they are brought to a boil and immediately removed. Pack either method loosely in jars and cover to within 1/2 an inch of the top. Add 1/2 teaspoon of salt, adjust lids and process.	45 minutes
Garden Greens	Process garden greens by using the Hot Pak method. Wash vegetables thoroughly and be sure to cut out bruises and tough stems. Steam until the vegetables have wilted then pack the hot greens loosely into the quart containers. Add 1/2 teaspoon of salt and cover with boiling water, making sure to leave at least a 1/2 inch at the top.	90 minutes

FRUIT CANNING CHART

Fruit	Preparation	Water Bath (minutes per quart)
Berries (All, except strawberries)	Use the cold pack method for berries. Wash the fruit, clean out leaves etcetera and fill pre-heated jars with the fruit. Cover with boiling syrup (your choice of thickness) and fill to within 1/2 inch of the top. Process in electric water bath for specified time.	15 minutes
Plums	When canning the whole plum be sure to break the surface of the skin. If preferred, slice in half and remove the pit. Cover with your selection of boiling syrup and process for time specified.	25 minutes
Cherries	Cherries are delicious when canned. Wash, remove stems and pits and fill in pre-heated quart jars. Cover with boiling syrup solution and process as required.	25 minutes
Rhubarb	Rhubarb should be cut into 1/2 inch pieces after a thorough washing. Peeling the outer skin is preferred by some. Pack into hot jars and cover with boiling syrup. Process for allotted time.	10 minutes

Thanksgiving Thoughts

by John Copley

The pumpkin's in the garden
The melon's in the shed,
The beef is in the butcher shop,
The oven's baking bread.

The turkey's in the freezer
The goose is almost grown,
Thanksgiving Day is here again,
My, how time has flown.

Seems like only yesterday
I sat with mom and dad,
Relaxing at the table —
Thanking God for all we had.

But time goes by so sudden
Soon the years have passed away,
And dad is so much older,
And mom's dark hair has turned to grey.

Brother's off in a foreign land
Sister's moved off somewhere.
I sure hope that they will call
To tell mom and dad they care

Growing up is easy,
And leaving home's a song,
But keep in touch with family
Cause, you don't have them very long

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CANNING

Fruits

Most fruits do better if canned in a water bath. This electric appliance is available at most major department stores and retailers for about \$30. Follow the manufacturers directions for proper use. Either Cold or Hot Paks can be used for canning fruit, but we find the cold method to be the best, especially for the softer berries, pears, cherries and rhubarb. The Hot Pak method is recommended for apples.

SYRUP

Depending on individual taste, the syrup used in canning fruit can be either thin or heavy.

How to Prepare Syrup
Thin:

2 cups of sugar added to 4 cups of water = 5 cups Medium:

3 cups of sugar with 4 cups of water = 5 1/2 cups Heavy:

5 cups of sugar with 4 cups of water = 6 cups

The average quart jar will use about 1 cup of sugar. Boil the sugar-water solution for about 8 minutes and keep hot until ready to pour.

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Natives and Non-Natives agree on Toxic Chemicals

...the public must be made aware of the truth

by John Copley

"It is government policy not to let the Indians know what is going on around them. We've been kicked around for many years."

These are the words of Ken Steinhauer, Alberta's blackpowder association president and fish and wildlife advisor for the Indian Association of Alberta (IAA).

"This time though it's not only Natives who are being affected, but non-Natives as well."

Steinhauer was referring to the rash of government approved pesticide spraying incidents over the past year and a half. Affected areas he says include lands near the Ft. McKay Band, north of Ft. McMurray and several other primarily Native communities

including Meander River, Calling Lake and Keg River. Steinhauer added that the public does not receive ample warning of spraying — before or after the incident occurs.

In a recent letter to the Edmonton Journal, Alberta Environment Minister, Ken Kowalski, said that statements indicating that spraying was applied without sufficient public warning, was false.

The Journal retorted by claiming "details were released only after a specific request from the Journal."

The question is — how did two government bodies, one issuing the license and the other monitoring the system, forget to inform the public (if indeed they did) of the intended spray areas?

"Monitoring?" huffs Randy Lawrence, a spokesman for the Coalition for Forest Spraying Alternatives in Hinton.

"The companies or government agencies or departments doing the spraying are monitoring themselves. If the Alberta Forest Service issues a license it's up to the Forestry Department to monitor itself."

"The system is very inadequate — if Alberta Environment is approving licenses, which they do, then they should play a much bigger role in monitoring," added Lawrence.

MAJOR CONCERNS
There are many concerns about the ever-growing problems brought on by excessive and unnecessary use of dangerous chemicals.

One of the major points on that list of concerns is the fact that Industrial

Bio-Test Laboratories (IBT), once the largest testing facility in the U.S. and responsible for up to 35% of all pesticide tests ever taken (Reference: U.S. EPA Press Release Aug. 25/77 "Deficiencies in Pesticide Safety Tests Reported by EPA") crumbled in an investigation which found deliberate falsification of documents and test reports.

IBT went out of business and three senior officers were convicted of

fraud. (Reference: Pesticides - Christian Farmers Federation 1979 "The IBT Affair - Canadian Response").

The concern. At the time of IBT's collapse, Canada had over 100 IBT test-supported chemicals on the market.

Some of these are still in use today. How many are there left to re-evaluate? We're still using 2,4D and Roundup — the latter looking to become popular in Alberta.

"I don't know why they insist on spraying Roundup," said Ken Steinhauer.

"On the can it says it's not recommended for spraying. And 2,4D? It's amazing what our government will allow — 15 years after Vietnam we are still seeing the effects of 'agent orange' — and 2,4D was one of the key ingredients. We see its results in birth defects, brain disorders, and an increase in cancer. Recent studies in the U.S. have proven the chemical is a carcinogen (cancer producing)."

SUBSTANCES CAN KILL

The fact that towns, villages and other communities are often downwind or downstream from the spray areas is another worrisome thought. Chemicals including 2,4D, Ethylene Dibromide and Parquat are almost certainly fatal if swallowed.

Tourism is another factor. Canadians and Americans have always been traders in the tourist industry. Many thousands flock to the Canadian wilderness each summer to swim, fish, frolic and generally enjoy the great outdoors. They are unlikely to want to see polluted lakes and rivers and a land dead with defoliation.

The destruction of the critical food supplies (winter browse) for moose, deer, elk and other wild species is becoming evident. The animals depend on the foliage for healthy survival and conservationists are worried.

FISH AND GAME CONCERN WITH AERIAL VIEW

Alberta Fish and Game President, Nestor Romanuk, is also concerned about the herbicide problems.

"We realize that some

Continued

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test areas have to be set up," he said.

"As long as these areas are kept small, say around 20 acres, I suppose we'll have to live with it. But we are 100% against aerial spraying of any kind."

Natural ecological processes are also being interfered with. The leaves of trees like the aspen and the poplar serve a useful function on the forest floor. The fallen leaves build up humus in the soil and protects the surroundings by providing moisture and insulation.

If toxic chemicals like Roundup persist in their relentless munching on the environment the only thing left standing in a few years may be the tall pine, spruce or fir tree.

"The issue," states Brad Wylynyk, Project Director for the Toxics Watch Project in Edmonton, "is whether the government is seriously considering the health of the forests and the health of the people, or whether it just wants to ensure a market for herbicides."

Others may have even different motives. In a Champion Forest Service newsletter last year it stated, "...to maintain a healthy crop of young softwoods growing on our Forest Management Area, it will be necessary to treat 1,000 to 1,500 acres for competition control annually."

If this was not done, the newspaper said, "The affect will be an immediate and ever-increasing loss of the volume of timber able to supply our mill every year."

The newsletter said that the Province of New Brunswick had applied Roundup to over 100,000 acres in 1985 without question.

What it failed to say was that the project was a disaster. Combined spraying of insecticides and pesticides have had a tremendous effect on the health of the population.

New Brunswick is now 1 of 4 provinces who've opted out of spraying pesticides. The others are Ontario, British Columbia and Saskatchewan; the latter not having sprayed in 2 years.

SWEDISH SUCCESS STORY

Comparisons with more successful ventures could seem more appropriate. Take Sweden for example. This country is the cherry-on-top when

it comes to forestry techniques.

First, there is no herbicide/pesticide spraying in Sweden. Toxic chemicals are not used in the Swedish forestry program.

Sweden uses manpower. The unemployment rate is among the lowest in the world. In the northern regions of Alberta unemployment is much more severe.

"Ninety percent of the population in the Caslan-Conklin area are unemployed," says Joe Blyan of Lac La Biche.

"I know a lot of people who'd love an opportunity to work in the bush, anywhere for that matter. Many people up here are living hand-to-mouth. There are proven methods that says we should be able to harvest this unwanted wood by hand — and it's made a profit before."

"It's time to get people working again. The government needs to forget the pesticides and worry about the people."

Alberta has very few sales in the hardwood industry. There are about 12 million cubic metres of hardwoods like the aspen and poplar available but only about 4% are committed.

Sweden, with much less forest area, harvests over a half million acres a year. While Alberta produces 6.5 cubic metres of wood, Sweden is almost 1200% higher at 75 million cubic metres.

Using no herbicides, the Swedish reforestation programs eat up \$190 million annually. Alberta's total expenditure is a little over \$25 million.

Over 700,000 acres of Swedish soil is fertilized and weeded each year. In Alberta we do less than 1000 acres.

Seeding is an integral part of the Scandinavian forestry programs. Alberta sows a little under 10,000 acres a year while the Swedish planters are processing in excess of 300,000 acres.

A bad example to follow would be indicated by reviewing the Mexican crisis. (Reference: Wm. Kistner in Mother Jones, Dec/86 "The Chemical Fog over Mexico's Farmworkers") In that issue, Angus Wright, a professor of Environmental Studies at the Sacramento State University and a specialist in Mexican agriculture stated, "the people down there (Mexico) are being poisoned so we can enjoy cheap produce at all times of the year."

Agriculture and health experts have said the indiscriminate spraying of pesticides kills hundreds of Mexican laborers each year.

If any action on dangerous herbicides and their use is to be taken, it will require the united effort of all Albertans. **PESTICIDES CANCER RELATED**

"Cigarette smoking may cause cancer like they say, but in the past 20 or 30 years — since herbicides and pesticides started to flourish, it has grown immensely. And there are more non-smokers every day. These environmental poisons are gradually working their way into the population and are becoming a

fast growing man-made calamity," states Ken Steinhauer.

"We somehow have to get the attention of the voters. Only votes have the power to effect change. We have to take the people under and how our high-handed government operates in this province — doing whatever they like, without regard for the people."

"We need to get workers out into the communities to explain the problems to the populous and increase awareness. Then the folks can go to their constituents with knowledgeable concerns."

There are a fair amount

Continued

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of discrepancies when it comes to statements being made versus the facts.

Early last fall, for instance, in a statement to the Edmonton Journal, John Drew, Director of Reforestation and Reclamation for Alberta Forest Services said, "...not more than 500 hectares have been sprayed out of the 21 million hectares of forest land in Alberta."

We, however, have found in excess of 2,000 sprayed hectares — in the past year.

EXERCISE CAUTION

Roundup manufacturers, Monsanto, notes on it's label, "...minute quantities of this herbicide can cause severe damage or destruction to the crops, plants, and other areas on which treatment was not intended."

This does not exactly indicate "safety" but it definitely does prompt extreme caution.

An environment fact

sheet states, "2,4D and other phenoxy (strong, corrosive) acid herbicides should not be disposed of near water supplies, nor should waste materials be discarded in sewer drains."

The health hazards section mentions symptoms (after drinking) which include cramps, sickness, mental confusion and rapid pulse with low blood pressure.

However, due to the lack of an efficient 100% reliable monitoring system and such extremely easy access, we are faced with perhaps ever graver problems.

Ken Steinhauer says, "It's hard to accept the fact that they (government) run around in secrecy and spray wherever they deem it necessary and never tell anyone what is going on until after it is too late to stop it."

Jim Brisebois, a former consultant with the Ft. McKay Indian band said they never received any

type of written communication before toxic pesticides were applied on the Athabasca River just months ago.

"We did not get anything in writing or anything at all official," he said.

He also remarked that the responsibility to inform the band was in the hands of those who were spraying **GETTY'S PROMISES BROKEN**

On the other hand, Randy Lawrence, of Hinton, said even though his Coalition was promised by Premier Getty that

spraying would stop until further study was completed, it was only a few short months after the promise that ten more permits were issued throughout northern Alberta.

"A wide gap now exists between the government's words and it's actions," he said.

"The government led us to believe that an internal review on forest spraying was being conducted and that no further spraying would occur until that review was finished. But, obviously, it's business, as usual." •

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The Pumper People



Performance and Credibility Desmeules' Main Goals for M.A.A.

by Melvin Sharphead

Larry Desmeules has numerous and wide-ranging goals for the Metis Association of Alberta (MAA).

But as he assumes the presidency of the troubled organization, his first objectives are to improve its performance and restore its credibility — with its members, with its funding agencies and with the public at large.

"Too many people think we spend too much time fighting amongst ourselves to get anything accomplished," says Desmeules. "They're right. There has been too much conflict within the organization in the past."

"Now we must stop fighting and start getting things done."

Desmeules, 48, was elected September 1, in a hard fought battle for top spot. A vice-president and a board member for each of the MAA's six regions were also chosen in that election.

Action and results was the primary theme of Desmeules' campaign, and he has a number of areas of concern where he intends to deliver on that promise.

One of his primary concerns is housing. As the manager of Metis Urban Housing Corporation for its inception, he has proven what can be accomplished in that area. In three years he guided the program to success — almost 300 units, an additional 100 works. The program provides quality housing in urban centres to Metis families which might otherwise not have been able to afford it.

"Living in good housing has had a remarkable positive impact on these families," Desmeules says.

Now he's campaigning for the MAA to regain control of the rural housing program that had been administered by the MAA, but was taken over by Canada Mortgage and Housing Corporation, which funds the program, after Metis Housing overspent its budget.

"We believe we can do a better job because we have a better understanding of the Metis community and the needs of Metis

people," Desmeules says. Desmeules also plans to put his extensive experience in communications to good use. He was executive director of the Alberta Native Communications Society during its period of greatest growth and development in the 1970s.

He plans to develop an effective communications system for the flow of information both ways among the three levels of the association — provincial, regional and local.

He also plans to develop and strengthen communication and cooperation outside of the organization by developing a good working relationship between the MAA and the Federation of Metis Settlements, with other organizations serving Metis people and with both levels of government.

"In all of these relationships, both sides need to put their cards on the table, so that there is a clear understanding of where both sides are coming from, and so that we can concentrate on getting the job done."

Desmeules is also concerned about the lack of sense of permanence for the organization. He plans to pursue the establishment of a Metis cultural foundation which would acquire a section

of land on which to develop facilities for annual meetings and other special events.

This property would be located in a wilderness area accessible to all Alberta Metis with proper meeting and camping facilities where children could go to hunt, fish and trap, and learn about their history and culture from their Elders.

Such a facility would provide a base for Metis activity and a focus for the operations of the association, Desmeules says.

One of the problems that has hampered the effective operation of the MAA, Desmeules says, is that its constitution and bylaws are confusing, contradictory and hopelessly out of date. He intends to simplify them to allow individual members to have more input and to strengthen the effectiveness of the organization at all levels.

Economic development is also one of Desmeules' priorities, but he hopes to get away from large-scale projects and concentrate on helping individual Metis people to develop their own businesses in their communities.

In keeping with his desire to promote development at the community level, Desmeules intends

to work as many programs and projects as possible through the zones and community levels to ensure that people at those levels have the fullest opportunity to participate in them and benefit from them.

Desmeules sees a number of other areas for action as well:

- Creating more and better educational opportunities for young people by working more closely with existing systems to make them more meaningful to Metis people;

- Creating better employment and career opportunities for Metis people;

- Working with young people to help them develop their potential as Metis leaders;

- Working with Elders to ensure that Metis people can continue to benefit from their experience and wisdom, and ensure that they can live comfortably in their retirement;

- Ensure that Metis women have the fullest possible opportunity to make a significant contribution to the organization.

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New N.A.C.S. Executive Formed

...general meeting included workshops and business meetings

by Ennis Morris

Ray Fox is now working with a new executive in his second year as president of the National Aboriginal Communications Society (NACS).

The new members of the NACS executive were elected in Banff at the annual general meeting of the society. The get-together was highlighted with a series of workshops, and an awards banquet.

The new executive are Robert Morassy of Mistassini Communications in Saskatchewan, who replaces Rosemary Kuptana of the Inuit Broadcasting Corporation as the vice-president; Ontario Cree, Sidney Orr who replaces Ron Nadeau of Manitoba as secretary, and Clayton Blood of Indian News Media, who replaces Bert Crowfoot of Edmonton, as treasurer.

This was the society's first annual meeting - the

organization was founded in May of 1986 at a conference in Vancouver that was geared "to solidify aboriginal participation in communications," according to a NACS press release, because "national unity among aboriginal communications has been a concern since the mid-1960s, shortly after the CBC established the first Native language broadcasts to the north."

NACS is a national umbrella organization that represents 21 different Native communications organizations across Canada. Each of these publications represent a diversity of individual Aboriginal nations.

That diversity, NACS representatives say, has not only created problems in finding a single name for its media awards, but "cultural linguistic diversity has also offered NACS additional difficulty because produc-

tions up for awards have been produced in Native languages. In order to properly rate the merits of these materials, NACS had to find 11 very different judges."

Several judges were communicators who analyzed works for technical expertise, while others were linguists and Native language specialists who evaluated materials for their cultural integrity, "conveying a largely oral tradition to an audience which can appreciate it while working in the technologies of the three media."

Another major focus of the conference was a series of workshops focussing on various aspects of print, radio and television media.

In print, Kim McLain of "Windspeaker" and Mark Cawker of "Kah-tou" conducted workshops in newspaper layout and design, and proved to be the ideal choices for the task force when their publications tied for first place in the category of best typography and design; Bert Crowfoot and Lee Seleck conducted the workshop on photography and photo-journalism, while Wendy Smith of the Calgary Herald and Lynne Jorgeson of "Katou" drew the greatest interest and participation with their workshops on "edi-

torial policies at work; ethical issues in the newsroom."

In radio, freelance writer and broadcaster, Brian Maracle, conducted workshops on story focus and development, writing for radio and on-air presentation; Robert Boulay conducted the workshops on community radio, and Bob Fraser led the lessons on audio recording and sound quality.

In television, Anthony Perzel, a filmmaker and instructor at the Banff Centre, conducted workshops on documentary production and editing techniques; Tim Knight of CBC Toronto dealt with issues in television training; Perzel and Knight combined their experience to deal with visual literacy and story focus, and sessions on television distribution were conducted by Telesat Canada and Seneca Ltd.

Master of Ceremonies at the awards dinner was George Tuccaro, who, though having a humorous side as a stand up comedian, also showed his serious side as an award winning radio producer for CBC Yellowknife.

Keynote speaker at the banquet was Dr. Joe Couture, a Meis from Fort McMurray who left the Roman Catholic priesthood to become a university professor at Athabasca University.

Most of the 21 member societies of NACS had several staff and/or board members at the meeting.

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Slave Lake ...much to offer

by John Copley

The town of Slave Lake, formerly called Sawridge, is a resource community located about 250 km northwest of Edmonton.

Situated in the "land of the midnight twilight", Slave Lake's tourist and recreational facilities are an added boon to the already stable economy.

Rich in natural resources which include coal, timber, natural gas, petroleum, stone and fish, the region was recently referred to by Slave Lake

town manager, Bernie Kreimer, the Nov/Dec 1986 issue of Trade and Commerce Magazine, as "probably one of Albert's best kept secrets". He was referring to the miles of unspoiled beach front along the shores of Lesser Slave Lake, an attraction that draws more tourists to the area each summer.

The population (5,434 in 1986) of the area is divided into two cultures. The integrated society of Slave Lake is shared by the original inhabitants of the area, the Indian people,

and the varied mixture of non-Natives who have migrated to the area over the centuries.

Sharing in business enterprise, the Indians enjoy financial independence and are involved in many ventures including major hotel complexes, apartment buildings, land speculation and smaller industrial and commercial development projects.

Slave Lake has always been known as the town "where the trail meets" and the truth of this slogan is evident today.

Highway 2 (44), north out of Edmonton; highway 33, west-southwest of Slave Lake; and the new highway 67, north out of Slave Lake, provide a crisscross of thoroughfare that joins central Alberta with all regions of the north, including the Northwest Territories. The increase in Slave Lake's revenue dollars, from a decade ago's \$17 million to last years reported \$67 million plus, indicates increased traffic through the area, as does the population growth to 5,434 from about 3,700 in 1980.

The town of Slave Lake is the area's major trading centre and is frequented by other lake-shore communities including Canyon Creek,

Faust, Driftpile, Jossard and Grouard.

Slave Lake Mayor Bill Pearson and his council of six took office last October.

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Town of Slave Lake Facts:

- Local communication is received via CKWA Radio in Slave Lake and two weekly newspapers, the Scope and the Lakeside Leader.
- Police services are provided by an RCMP detachment and local volunteers man the fire department.
- Health facilities include a 39-bed hospital and ambulance service, and a unit sub-office of Alberta's Public Health Department.
- Education is provided by a three school system which is supplemented by the local Community Vocational Centre (CVC).
- A new 18-hole golf course is the most recent addition to the town's recreational facilities. Other areas of recreation include a swimming pool (a new one is to be built soon), curling rink, ski hill, playgrounds, and various parks with fully serviced camper facilities.
- Plans for future development in the area are obvious by the many wooden signs that point out the locations of future development sites.

Among these are an added \$8 million wing to the hospital, a \$12 million provincial building and a new \$30 million community college — complete with an indoor swimming pool that will be financed by the town.

Lesser Slave Lake stretches for nearly a hundred kilometers from tip (Slave Lake) to tip (Grouard) and it's shores are occupied by five of the nine bands that make up the Lesser Slave Lake Indian Regional Council (LSLIRC).

The council, formed in 1971 through the mutual agreement of 11 Indian bands, has since dropped two members — the Bigstone and Lubicon Lake bands.

The Grouard, Sucker Creek, Driftpile, Swan River and Sawridge bands are located along the shores of Lesser Slave Lake. Other bands in the Council are Horse Lake, Duncan, Whitefish and Sturgeon Lake.

The LSLIRC bands include over 3,500 members. Figures tallied in 1986 show that the Sturgeon Lake Band has the largest population with over 800, while the smallest is accredited to the Sawridge Band, with less than 50 members.

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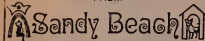
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Court Rules in Favor of Indian Woman who Lost Welfare Because of Land Settlement

by Morris Ennis

EDMONTON — An Indian woman who lost her welfare payments because she received a land settlement is one step closer to getting the welfare payments she would have received.

Court of Queens Bench Judge William Girgulis has ruled the Alberta Social Services review panel was "unreasonable" in kicking Rachel Tourangeau off welfare last March because she received \$2,715 in Indian land claim settlement money from the Fort Chipewyan Cree Band.

Tourangeau is a member of the band, but lives in Edmonton. She had planned to use the land claim money to upgrade her Grade 8 education and get off welfare.

Tourangeau said she was "very pleased" with the ruling, but her lawyer,

David Pomerant, says it may be some time before she receives the money.

He expects Social Services to appeal the decision because it has "tremendous implications" for other Albertans who may have been improperly denied welfare benefits because they were a few dollars over the maximum allowable limit.

The review panel had ruled that a married person with dependents is entitled to \$2,500 in cash assets, and that any assets over that, even \$1, makes the person ineligible for any benefits.

Judge Girgulis ruled that the panel's decision was a "patently unreasonable" interpretation of the pertinent section of the Social Development Act.

He interpreted the section to mean that cash assets up to \$2,500 are exempt, and amounts

over that may be deducted from welfare. In Tourangeau's case, that would mean a deduction of \$215.

She still plans to upgrade her education, and any money returned to her will be used for that purpose.

She plans to start courses this month at the Alberta Vocational Centre, completing Grade 11 and then taking business courses.

If Social Services doesn't appeal the decision, Pomerant says, "they may have to change

how they apply their rules.

So far Rachel has been vindicated. She has managed to keep at least some of the money she received and she is going back to school through no help of the department," he said.

A hearing could be reconvened within 10 days of a formal application by Tourangeau, according to Mickey Casavant, director of the appeal and advisory secretariat of Social Services.

He said he isn't sure if the panel risks contempt of court if it decided to stick to its ruling.

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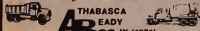
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Sports

Olympic Medal Design Castigated By Natives

by Sandy Armstrong

The design on medals to be awarded at the upcoming Olympic games in Calgary is "totally disgusting" in the eyes of one Alberta native Indian leader.

After considering 350 entries submitted from across Canada in a medal design contest, the games' organizing committee selected a design incorporating a stylized Indian head and headdress to symbolize Canadian heritage.

However, the design has prompted Gregg Smith, president of the Indian Association of Alberta, to say: "It sounds totally disgusting. It's really derogatory to have an Indian headdress in that stylized image. It's an important symbol to us and not a mockery of this silliness."

The headdress, filled with the hardware of Winter Olympic competition — a bobbed, skate

blade, luge, hockey stick, biathlon rifle, skis and a pole — will share the sports medal front with a Greek youth donning a laurel.

The organizing committee intends to stick with its choice of medal design, according to a statement made in conjunction with the official unveiling of the medal in early August. In support of the design choice, the organizing committee stated that the laurel leaves on the Greek youth express victory, the two faces express friendship and closeness, and the Indian head and headdress express Canada's heritage.

Vancouver sculptor Friedrich Peter created the medal design.

In its statement, the organizing committee said: "It's probably the greatest single tribute we can pay to that portion of our culture which we feel is very important to all Canadians. But if we

were unwise to do this, we must surely apologize."

Rules for the design selection process required all submissions to contain elements depicting the Winter Olympic sports, peace and friendship and the country's heritage.

While some artists submitted designs showing the maple leaf or Canada geese, the selec-

tion committee preferred the native design that displayed the heritage element. However, native leaders were not consulted on the design prior to the start of production.

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Stein River Valley: To Log Or Not To Log

by Sid Dunston

The fight is on to save the Stein River Valley from logging.

Hundreds of hikers climbed a steep trail in early August to a lush alpine meadow in a demonstration of solidarity for the preservation of what is reputed to be one of the largest untouched wilderness areas in the province.

The valley is located approximately 160 kilometres northeast of Vancouver, and in the eyes of the environmentalists the area is too special to be sacrificed to logging.

The festival, organized by the Mt. Currie and Lytton Indian bands, treated participants to food, and music by such notable performers as John Denver, Long John Baldry, Connie Kaldor and Valdy. Scientist David Suzuki conducted a number of workshops.

Loggers also left a visible presence at the festival. On Friday someone

filled half a dozen trees across the gravel road that leads to the start of the six-kilometre trail from the outskirts of Lillooet. Festival organizers apparently came prepared for the worst, as chainsaws were quickly found to remove the roadblock.

Efforts on the part of the Indian bands and environmentalists to stop the provincial government from approving a logging road to the mid-Stein Valley has angered loggers. A ban on logging in the area would threaten the viability of the two existing sawmills and put 450 employees out of work.

A ban on logging could very well bring an end to the economy of Lillooet. Some loggers are adamant that the entire valley should be logged. However, some loggers are worried that momentum appears to have shifted to the environmentalists.

Participants in the festival were faced with a panoramic scene breathtaking in its beauty. Said one person: "Just walking up here you can see the incredible beauty of it all."

There were those people who were not so awed by what they saw. Charles Caccia, a Liberal MP and former environment minister, was furious at what he'd seen on the way in — an old logging site with piles of wood left on the ground.

"It's scandalous," Caccia said. "The people of

B.C. should be screaming bloody murder and demanding answers from the provincial government."

He vowed to pressure the federal government to insist on stricter controls on logging.

Participants paid a \$20 registration fee to the Indian bands to attend the preservation festival. •

Tuberculosis Scare at Little Buffalo

by Susan Brown

For many years the north-northwest Native people of rural Alberta have been stricken by outbreaks of tuberculosis, an infectious disease that can spread quickly to the surrounding community.

Prior to the 1960s, the disease was as common among Native people as the common cold is today.

And now, a recent outbreak of the disease is threatening the Indians of Lubicon Lake and the several hundred Metis that reside in neighbouring communities.

At least 45 suspected cases of tuberculosis were brought to the attention of medical authorities recently in Alberta's Little Buffalo (about 80 km north-

east of Peace River) area and reported the serious health conditions of its residents.

Bernard Ominayak, chief of the Lubicon Lake Reserve said the outbreak of the disease was causing much alarm, especially "the concern we share for young babies and the elderly."

He said that this is the first time a major outbreak has occurred at the Lubicon band.

"The source of the outbreak," claims John Waters, director of communicable disease control, "although we haven't pin-pointed it yet, is probably someone who for some reason or other reactivated."

He said that the bacterium which causes the disease can lie dormant for decades.

Health officials tested about 300 members of nearby Cadotte Lake in order to determine if the outbreak was spreading to outlying communities.

The province usually gets about 200 reported cases of tuberculosis annually. •

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Yukoners Looking to the Future

by Gil Carnet

Later this month, the third and final major conference will be held on the government's costly and ambitious Yukon 2000 Program.

Over the past couple of years, the territorial government has been studying a broad spectrum of ideas on how Yukon's can adapt themselves to changing economic and social conditions. The two-year economic development consultative process will cost more than a quarter-million dollars.

Yukon citizens have made proposals such as freeing up more land for mining, promoting sci-

tific research and creating a chartered northern bank.

In the latest booklet issued by the government, entitled "The Things That Matter", there are literally hundreds of recommendations. Most were the result of intensive discussion between government economists, business, labour and community groups.

It also proposes designing specialized training programs in the high schools.

In order to help women move more easily into the labor force, it urges that "good, accessible, affordable daycare is available."

The first of the major

Yukon 2000 Conferences was staged in Faro in June of 1986. The second one, held last November in Whitehorse, drew more than 200 people, including several Indian representatives.

The upcoming conference is slated for October 16-18, in Dawson City.

Issues of Native interest were addressed. The report calls upon the government "to recognize the Indian economy as a viable mode of economic activity and create opportunities for Indian people in both the traditional and dominant economies."

The report also recommends conducting a skills inventory of each band to identify existing talent...and talent shortages. "Such an inventory could help band members find work and employers find workers."

The report says guaranteeing a certain portion of the money available under the federal-territorial Economic Development Agreement to Indian people is a good idea.

Plans for action to help young people find work include holding workshops to teach students about funding programs, job search techniques, and general business knowledge.

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Activities for all Ages

Building a Bird Feeder

...and enjoying nature in your backyard

by John Copley

Soon the cold weather will be upon us and the silence of the season will set in.

Now, in your backyard, resting birds are already flocking to warmer climates to be closer to nature's natural food sources.

The smaller chickadees and sparrows and the occasional blue-jay and woodpecker, will be the last to go and some will even stay throughout the winter.

If you enjoy the presence of the little critters, as I do, you may want to help them to stick around. You can. Just feed them. But remember, once you start you must continue, or they will probably perish — for they will become reliant on you for their food.

A simple bird feeder purchased from a local department store usually costs less than \$10. A bird house or two, homemade or store-bought, is an added comfort for the birds and added enjoyment for you.

But, when the real cold sets in, it's nice to have a constant source of high fat foods on hand. A "feeder wreath" is an ideal winter feeder and will last a month or more — depending on how many wild birds you are feeding.

The wreath is a unique and fun way to guarantee satisfaction, and it'll ensure that your visitors will be close by all winter long.

When you're ready to put your bird feeder wreath to its first test, be sure you locate it in an open area, nailed to a tree, preferably 10 or 15 feet off the ground. This, combined with the wiliness of the birds (especially in winter) will help eliminate a sneak attack from the neighbour's cat.

Birds that stay with us all winter are usually those who enjoy a balanced diet of seeds and meat. The following recipe is not only economic, especially if you have access to pine cones, but is also fun and easy to make. Once you've gathered the "ingredients" it's only a short hour job to completion.

And remember kids, if you borrow mom's kitchen utensils to make this project, do your part and clean up afterwards.

INGREDIENTS

- 4 feet of wire (coat hanger thickness)
- Several pine tree branches (Fir/Spruce)
- 6 pine cones
- Green colored cord or string
- 1 pound suet
- 3 to 4 pounds wild bird seed (or cracked farm grain)
- ½ cup honey
- 2 tablespoons of salt

DIRECTIONS

1. Form the wire into an oval shape. The diameter of a four foot piece will be 15 to 18 inches. After attaching the ends of the wire to each other, lay the "hoop" flat on a table.
2. Cut the branches into sprays of about 10 inches. The heavier and denser branch ends are best.

3. Tie branch ends into the hoop, using the green cord. This color blends in well and will not frighten the birds. Keep tying on the branches. Overlapping is okay, but be sure to weave the cord through the entire branch system. This will ensure that nothing falls off after completion. Once the wire is covered, go to the next step.

4. Melt, at medium heat, the pound of suet. While still warm on the stove, add and mix in the ½ cup of honey. Add the salt and stir mixture.

5. Immerse and thoroughly soak the pine cones in the suet-honey mix. Set onto a plate and put into freezer.

6. Once the solution has formed on the cones (15 minutes) remove from the freezer, tie securely to the wire and branches and set the entire project outside.

7. Dump about ½ your birdseed or grain into the remaining mix of suet and honey. Stir in.

8. Paint with brush or other utensil, the contents of the solution onto all branches and cones. A nice, even coat is best.

9. Sprinkle the rest of the seed/grain over the entire project.

10. Wait about 20 to 30 minutes, or until the mixture firms up, and nail the wreath into a tree as mentioned earlier.

Try this project. The birds will love you for it, and the entertainment you get watching from your window is well worth the effort.

Wordsearch

by John Copley

Circle the words from the following list and the remaining letters starting from left to right (working across) will give you a phrase or sentence. Letters may be used more than once in order to achieve another word. Words may run vertically, horizontally, backwards and diagonally.

THEME: ABOUT THANKSGIVING

Y	L	I	M	A	F	E	S	T	I	V	E	H	T	N
D	S	A	S	K	A	T	O	O	N	S	C	A	A	I
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G	U	G	N	O	L	E	O	A	U	I	C	V	M	P
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A	F	N	E	T	H	F	B	M	C	V	L	S	Y	U
C	I	T	I	A	R	T	R	O	P	A	E	T	A	P
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B	V	I	I	J	I	R	C	O	L	S	N	N	I	K
E	D	K	L	E	G	P	B	E	R	R	I	E	S	G

WORDLIST

- | | |
|------------|-------------|
| 3 - letter | Gobble |
| Eat | Prayer |
| God | Recipe |
| Joy | Turkey |
| Kin | |
| Leg | 7 - letter |
| Pie | Berries |
| Tom | Festive |
| 4 - letter | Friends |
| Corn | Harvest |
| Crop | October |
| Farm | Pemican |
| Give | Pilgrim |
| Kiln | Pumpkin |
| Love | |
| Meat | 8 - letter |
| Oven | Holidays |
| | Portrait |
| 5 - letter | Stuffing |
| Candy | |
| Grace | 9 - letter |
| Gravy | Cranberry |
| Treat | |
| 6 - letter | 10 - letter |
| Autumn | Saskatoons |
| Bounty | |
| Brunch | 11 - letter |
| Buffet | Celebration |
| Dinner | |
| Family | 14 - letter |
| | Giving of |
| | Thanks |



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Peace Hills Trust Company Presents ... the 5th annual "Native Arts Collection" Contest

The Peace Hills Trust Company is a wholly Native owned and operated financial institution whose purpose is to assist in the development of Native interests. While the primary objective is financial support, the company also recognizes the importance of preserving and developing Native culture. As evidence of their continued support, Peace Hills Trust has recently announced its fifth Native Art Collection contest.

The adult categories will see prizes of \$2,000, 1,000 and 500.00

Once again, the contest will offer a children's

category of competition. This portion of the contest will be divided into three groups: Kindergarten through grade 3; grades four through six; grades seven through nine. Prizes will be awarded on the basis of \$50, \$30 and \$20 for placing first through third respectively.

Entries must be in on or before the 31st of October. Entries postmarked later than this date will not qualify for judging.

Adult participants may enter more than one piece, but the children's categories call for a maximum of one entry per

contestant.

Further information

can be obtained by calling 421-1606.
Carol Whitefish at Alberta Native News

will present the winners in its November issue. •



Peace Hills Trust Company presents

1987 "Native Art Collection" Contest

Deadline: Oct. 31, 1987 • Judging: Nov. 10, 1987 Awards Ceremony: Nov. 17, 1987

★ NO ENTRY FEE ★ MULTIPLE ENTRIES OKAY ★ ENTRY FORM ATTACHED ★

Entry Form — Peace Hills Trust Company "Native Art Collection" Contest

FULL NAME _____ AGE _____ PRESENT ADDRESS _____
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PHONE NUMBER HOME _____ WORK _____ BAND/HOME COMMUNITY _____
TITLE OF ENTRY SUBMITTED _____ MEDIUM(S) USED _____
BRIEF DESCRIPTION OF ENTRY SUBMITTED _____
CATEGORY ENTERED: ☐ ADULT ☐ CHILDREN'S ☐ GRADE _____ DATE PRODUCED (Approx) _____
☐ Yes, you may release my phone number to an interested purchaser.
DATED _____ SIGNATURE OF ENTRANT _____
The entrant represents that he has read the Rules of the Peace Hills Trust Company "Native Art Collection" Contest and understands and agrees with them fully. The entrant also acknowledges that the Peace Hills Trust Company is not responsible for loss or damage to any entries received by any person or persons on its behalf.
MAIL TO: Peace Hills Trust Company, Native Art Collection Contest, 1040 Hwy. 44, Kamouritz, P.E.I., C1A 1A1, 100 Street, Edmonton, Alberta T6G 1B4
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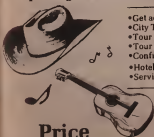
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THE PUBLIC UTILITIES BOARD FOR THE PROVINCE OF ALBERTA

NOTICE OF HEARING OF AN APPLICATION BY ALBERTA GOVERNMENT TELEPHONES TO MAKE INDIVIDUAL LINE SERVICE MANDATORY IN RURAL AREAS

NOTICE OF HEARING

Alberta Government Telephones (AGT) filed an application with the Public Utilities Board (the Board) dated October 29, 1986 which requested, in part, approval of Individual Line Service for rural subscribers in Alberta. As part of that application, AGT requested that Multi-Party Service (MPS) be retained as an option for existing subscribers in rural areas after exchange conversion. New rural customers would be required to take Individual Line Service (ILS) after their exchanges were converted. The Board approved certain parts of the application on August 21, 1987, including the request by AGT to retain MPS as an option.

AGT has now decided that it does not want to continue to provide MPS as an option in rural areas after exchange conversion. AGT has filed an application dated September 11, 1987. The effect of this application is to delete MPS as a service after exchange conversion in rural areas. Accordingly, after exchange conversion all existing MPS will be converted to ILS on a compulsory basis.

The Board has scheduled a public hearing of AGT's application to delete the MPS option to take place in the West Hall of the Energy Resources Building, 840 - 5th Avenue S.W., Calgary, Alberta on October 22, 1987 to commence at 9:30 A.M.

Any person who intends to make a submission to the Board respecting these matters or to otherwise participate in the Hearing should indicate such intention by appearing at the Hearing in person or be represented by an agent.

Any person wishing to ask information requests regarding AGT's application should provide written questions to AGT with copies to the Board prior to October 13, 1987. AGT should respond prior to October 16, 1987.

Any person who wishes to take part in the Hearing may apply to examine or obtain the Application, Evidence-in-Chief and other related material intended to be presented in support of the Application by contacting

Alberta Government Telephones
32-G, 10020 - 100 Street
Edmonton, Alberta
T5J 0N5

Attention: Mr. G.E. Brice
Section Supervisor - Regulatory Affairs
Telephone: (403) 425-2414

DATED AT EDMONTON, Alberta, this 23rd day of September, 1987

PUBLIC UTILITIES BOARD

W. Paterson
Secretary and
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